

# WAYS TO BE SUCCESSFUL

- **Get** to bed earlier ~ 8-10 hours of sleep and **eat** breakfast.
- **Do** homework every day!
- **Keep** a schedule & **budget** your time wisely!
- **Don't** procrastinate ~ **Chunk** your work!
- **Keep** an agenda & **write** down assignments
- **Stay** Organized!
- **Be** responsible for your work
- **Check** teacher's website frequently & Powerschool daily or at least every other day
- **Ask** for help when needed: **don't** be afraid to ask?'s
- **Stay** on task, **participate**, **take** detailed notes and **use** active listening skills in class!
- **Study** a little bit at a time; **review** notes; **don't** cram - **E-X-T-E-N-D** the process!
- **Study** in brightly lit areas
- **Take** notes in color and **use** highlighters
- **Maintain** good attendance!
- **Don't** forget materials and **show** up on time!
- **Do** extra credit!
- **Form** study groups
- **Communicate** with teachers, especially if absent
- **Worry** about yourself ~ not others!
- **Meet** Deadlines!
- **Have** some fun along the way
- **Be** honest and reasonable with yourself
- **Go** to C.A.S.H. or **see** your teacher before or after school
- **Set** expectations and goals for yourself!
- **See** counselors if you need help or if you are having problems
- **Be** a Leader in school and in class!
- **Limit** time on computer and other distractions
- **Do** something auditory/visual to stimulate your brain before studying
- **Take** a break while studying
- **Eat** a peppermint or **chew** peppermint gum to stimulate your brain
- **Use** flash card/electronic flash cards on websites
- **Make** positive connections in school: **get** involved!
- **Don't** be afraid to ask questions!
- **Set** long term goals- EX: To achieve a 95% average for the year
- **Keep** open communication with teachers and parents
- **Don't** get into trouble/**don't** get ISS or OSS - it keeps you out of class!
- "What I **do** now will pay off in the future!"